



# Butterflies

Bereavement  
Support Group

## ARE YOU A MUM OR DAD (of young children) WHO HAS LOST A PARENT?

Being a parent when you have experienced the loss  
of your own parent(s) may raise many issues.

Butterflies aims to offer support within a caring, confidential and  
relaxed group, to mums and dads who have had similar experiences.

The group is facilitated by professionally trained bereavement  
counsellors, on hand to offer guidance and support.

For more information please call JBCS on 020 8951 3881  
or email [enquiries@jbcs.org.uk](mailto:enquiries@jbcs.org.uk) [www.jbcs.org.uk](http://www.jbcs.org.uk)